

GORDON RAMSAY: COOKALONG LIVE

Three-Course Meal Includes Angel Hair Pasta with Shrimp, Steak Diane and Tiramisu
One-Hour Special: Tues, Dec 15, 9/8c, on FOX

UPDATED 12-04-09

SHOPPING LIST

IMPORTANT NOTE: You need to have a pan of boiling water for your pasta ready at the start of the show!

PRODUCE

- 1 red chili pepper
- 5 large garlic cloves, peeled
- 1 large tomato, for example heirloom or beefsteak, or a few smaller tomatoes like Roma. **(UPDATED)**
- 1 lemon
- Small handful of fresh basil leaves
- 3 scallions
- 4 ounces crimini mushrooms, cleaned (can also use button mushrooms instead)
- 3 shallots, peeled
- Small handful of flat-leaf parsley
- 3 small sprigs of rosemary
- 1 pound small waxy potatoes (like Yukon Gold or any small new potato) cut in half. **(UPDATED)**
- 2 cups peas, defrosted if using frozen

MEAT/FISH

- 1/2 pound medium-size raw, peeled shrimps
- 4 small sirloin steaks (approx. 7 ounces each)

DAIRY

- 1 3/4 cups heavy cream
- 1 cup mascarpone
- 2 1/2 tablespoons salted butter

PASTA/BREAD

- 7 ounces angel hair pasta
- 4 Italian Ladyfingers, or Savoiardi

BAKING

- 1/4 cup powdered sugar
- 1 vanilla bean, or 1 teaspoon vanilla extract
- Piece of chocolate (to grate as garnish)

LIQUOR/COFFEE

- 4 tablespoons Marsala, or sweet dessert wine such as Vin Santo
- 1/4 cup brandy or cognac
- 1/4 cup white wine
- 1 cup cold strong coffee

CONDIMENTS

- Salt and freshly ground black pepper
- Olive oil
- Extra virgin olive oil
- 1-2 tablespoons Worcestershire sauce, to taste
- 1 tablespoon Dijon mustard

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EQUIPMENT LIST

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- 4 x bowls for starter
- 4 x plates each for main
- 4 x glasses (e.g. martini glasses) or small bowls for dessert
- 4 x sets of flatware for starter, main and dessert

- Damp cloth for wiping down between courses
- Dish cloth
- Paper towels

- Sharp knives - one large, one small
- Extra spoons, forks and knives
- Large serving spoons
- Extra plates

- Kettle (if you have one, you can boil water on the stove top if not – make sure you have a pan of boiling water ready for your pasta at the start of the show)

- 1 cutting board
- 2 medium mixing bowls
- 1 rolling pin
- 1 wooden spoon
- Kitchen tongs
- 1 spatula

- 1 colander
- 1 strainer
- 1 garlic press
- 1 microplane/fine grater
- Electric whisk or hand whisk

- 1 large saucepan and lid
- 2 medium saucepans and lids (or one but you'll need to wash up between courses)

- 1x large skillet pan
- 2 medium sauté pans (or one but you'll need to wash up between courses)

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STARTER COURSE: Angel Hair Pasta With Shrimp, Chili And Tomatoes

Serves 4

Ingredients

- 7 ounces angel hair pasta
- 1 red chili
- 2 large garlic cloves, peeled
- Half a pound medium size raw, peeled shrimps
- ¼ cup white wine
- 1 large tomato, for example heirloom or beefsteak, or a few smaller tomatoes like Roma **(UPDATED)**
- 1 lemon
- Small handful fresh basil leaves
- 3 scallions
- Salt and freshly ground black pepper
- Olive oil
- Extra virgin olive oil

MAIN COURSE: Steak Diane With Sautéed Potatoes And Peas

Serves 4

Ingredients

- 4 x small sirloin steaks, approx 7 ounces each
- 3 shallots, peeled
- 4 ounces crimini mushrooms, cleaned (if crimini unavailable use button mushrooms instead)
- 1 tablespoon salted butter
- 1 garlic clove, peeled
- 1 -2 tablespoons Worcestershire sauce, to taste
- 1 tablespoon Dijon mustard
- 1/3 cup brandy or cognac
- 1 cup heavy cream
- Small handful of flat-leaf parsley
- 1 pound small waxy potatoes (like Yukon Gold or any small new potato) cut in half. **(UPDATED)**
- 3 small sprigs of rosemary
- 2 garlic cloves
- 1 tablespoon salted butter
- 2 cups peas, defrosted if using frozen
- ½ tablespoon salted butter
- Salt and freshly ground black pepper
- Olive oil

DESSERT: Quick Tiramisu

Serves 4

Ingredients

- 1 cup mascarpone
- ¼ cup powdered sugar
- 4 tablespoons Marsala, or sweet dessert wine such as vin santo
- 1 vanilla bean, or 1 teaspoon vanilla extract
- ¾ cup heavy cream
- 1 cup cold strong coffee
- 4 Italian ladyfingers, or savoiardi
- Piece of chocolate, to grate as garnish